



INTUITIVE EATING PRO CERTIFICATION

Evelyn Tribole, MS, RD, co-author of INTUITIVE EATING certifies that

Kardelen C. Ergin

has completed the hours and coursework required for Intuitive Eating Counselor certification, via the following activities:

COURSES:

- Intuitive Eating Teleseminar- 6 hrs
- Intuitive Eating Group Supervision 4.5 hrs
- Passed Intuitive Eating Workbook Quiz
- Passed Helm Intuitive Eating Certification Exam

Evelyn Tribole, MS, RD

August 16, 2019

Date